

## Coed Cheerleading

Athletes will be taught the skills, drills, and technique of the aspects of cheer. Stunting, jumps, flexibility, conditioning, and more. On top of learning new technique, athletes will be shown elite high level stunts with trained professionals.

### Grades 9-12

Tue-Thu 6/3-7/31 TBD \$175 32151  
Glenbard North High School Cafeteria

## Coed Tennis

Players work on forehand, backhand, serve and footwork. Instructors address all skill levels, preparing each athlete for competition.

### Grades 3-5

Mon-Fri 6/9-20 9-10:30AM \$75 32154

### Grades 6-12

Mon-Fri 6/2-20 7-9AM \$115 32155  
Tennis Courts at Glenbard North High School

## Coed Fishing

The kayak fishing camps are set up as single day camps at local area waters. It's intended to be the same great fishing experience but from kayaks specifically designed for anglers. Campers have the opportunity to learn and fish from the kayaks, while being able to gain access to areas that shore fisherman cannot.

### Grades 5-12

Mon-Thu 6/9-12 8-3PM \$150 32152  
Mon-Thu 6/23-26 8-3PM \$150 32153

Meet at Glenbard North High School

# COACHES

## Boys Baseball

Coach Smelko

## Boys Basketball

Coach Tonn

## Boys Cross Country

Coach Karwowski

## Boys Football

Coach Wilkens

## Boys Golf

Coach Hall

## Boys LaCrosse

Coach Stueve

## Boys Soccer & Soccer League

Coach Mandakas

## Boys Volleyball

Coach Debenedetti

## Coed Fishing

Coach Stark

## Coed Cheerleading

Coach Braheny

## Coed Tennis

Coach Subrt

## Girls Basketball

Coach DeCheva

## Girls Cross Country

Coach Day

## Girls Flag Football

Coach Lessick

## Girls Golf

Coach Petrin

## Girls Soccer

Coach DominguezCarreno

## Girls Softball

Coach Sanew

## Girls Strength & Sculpt

Coach Hennessey

## Girls Volleyball

Coach McCann



**GLENBARD NORTH  
HIGH SCHOOL**

**SPORTS  
CAMPS**



**CAROL STREAM  
Park District**

Register at  
Fountain View Recreation Center,  
Simkus Recreation Center  
or [csparks.org](http://csparks.org)

Boys Baseball

Camp focuses on basic skills, pitching and hitting.

Grades 3-8

Mon-Thu 6/9-12 8-10AM \$50 [31234](#)

Grades 9-12

Mon-Thu 6/9-19 10AM-12PM \$90 [32135](#)

Baseball Field at Glenbard North High School

Boys Basketball

Players learn skills and drills they can use throughout the GBN season. Emphasis on ball handling, shooting and defense.

Grades 5-8

Mon-Fri 6/9-19 10:15-11:45AM \$100 [32137](#)

Grades 9-10

Mon-Fri 6/2-13 8-10AM \$100 [32138](#)

Grades 11-12

Mon-Fri 6/2-13 12-2PM \$100 [32136](#)

Glenbard North High School

Boys Cross Country

Runners learn various techniques to build endurance and further their running skills.

Grades 7-8

Mon/Wed/Thu 6/9-7/25 7-8AM \$40 [32139](#)

Grades 9-12

Mon/Wed/Thu 6/9-7/24 7-8:30AM \$40 [32140](#)

Red Hawk Park

Boys Football

Players prepare for the upcoming season and focus on learning new skills and techniques fundamental to the GBN program.

Grade 9

Mon-Thu 6/23-7/17 8-10AM \$50 [32143](#)

Grade 10

Mon-Thu 6/23-7/17 8-10AM \$100 [32141](#)

Grades 11-12

Mon-Thu 6/23-7/17 5:30-9:30AM \$100 [32142](#)

Weber Field at Glenbard North High School

Boys Golf

Open to players of all skill levels, this camp focuses on putting, short game, and long game development in a fun and supportive environment. Don't miss this opportunity to elevate your game this summer!

Grades 6-9

(Mondays only) 7/14-28 9-11AM \$75 [32430](#)

St Andrews Golf Course

Boys Lacrosse

No gear required, participants learn basic stick skills and along with the rules of the sport.

Grades 6-9

Mon-Fri 7/14-18 1-3PM \$60 [32144](#)

Weber Field at Glenbard North High School

Boys Soccer

Soccer players work to strengthen fundamentals and improve technique with a variety of drills and competitions designed to develop the GBN player for the school program.

Grades 3-7

Mon-Thu 7/7-10 10-11:30AM \$60 [32145](#)

Grades 8-12

Mon/Wed 6/16-26 10AM-12PM \$60 [32146](#)

Weber Field at Glenbard North High School

Boys Soccer Summer League

An off-campus summer league for GBN soccer players only.

Grades 10-12

Tue-Thu 7/8-24 5-10PM \$70 [32147](#)

Weber Field at Glenbard North High School

Boys Volleyball

Players are taught skills and drills that they can use throughout the upcoming season to include serving, passing, setting and hitting.

Grades 5-12

Mon-Fri 7/21-25 8:30-10:30AM \$80 [32148](#)

Fountain View Recreation Center

Girls Basketball

Players learn skills and drills they can use throughout the GBN season. Emphasis on ball handling, shooting and defense.

Grades 4-8

Mon-Fri 6/16-27 8-10AM \$100 [32157](#)

Grade 9

Mon-Fri 6/16-27 10:30AM-12:30PM \$100 [32158](#)

Grades 10-12

Mon-Fri 6/16-27 10:30AM-12:30PM \$100 [32156](#)

Fountain View Recreation Center

Girls Flag Football

Athletes will be coached on the fundamentals of football with offensive and defensive drills to help prepare them for the upcoming season.

Grades 9-12

Mon-Thu 6/9-12 8-10AM \$50 [32431](#)

Weber Field at Glenbard North High School

Girls Cross Country

Summer running to prepare for the fall cross-country season.

Grades 7-12

Mon-Fri 7/14-8/1 7-9AM \$75 [32159](#)

Weber Field at Glenbard North High School

Friday's at Prairie Path

Girls Golf

Golfers alternate practice on the short game of chipping and putting for accuracy and the long game to develop a swing for power and distance. Golfers learn club selection and golf etiquette while playing nine holes of golf. Five person minimum.

Grades 6-12

Mon/Tue 7/21-22 9:30-11AM \$150 [32160](#)

Green Valley Driving Range

Wed/Thu 7/23-24 8-10:30AM

Glendale Lakes Golf Club

Girls Soccer

Aspiring youth soccer players work to strengthen fundamentals and improve technique with a variety of drills and competitions designed to develop the GBN player for the school program.

Grades 6-12

Mon-Fri 7/28-8/1 6-8PM \$75 [32161](#)

Weber Field at Glenbard North High School

Girls Softball

Players focus on basic offense and defense skills in addition to hitting and pitching.

Grades 4-9

Mon-Thu 6/9-12 8:30-10AM \$50 [32162](#)

Softball Field at Glenbard North High School

Girls Strength & Sculpt

Campers will work on all muscle groups to promote strength while sculpting a well-rounded physique. This camp will be a combination of lifting, flexibility and cardio exercises and no experience is necessary. Please wear sneakers while attending and shorts and a t-shirt are the ideal clothing.

Grades 9-12

Mon-Wed 7/14-30 10-11:30AM \$25 [32166](#)

Softball Field at Glenbard North High School

Girls Volleyball

Players practice serving, passing, setting and hitting the volleyball, refining skills for the GBN season.

Grades 3-5

Mon-Fri 7/7-11 8-10AM \$100 [32163](#)

Grades 6-8

Mon-Fri 7/7-11 8-10AM \$100 [32164](#)

Grades 9-12

Mon-Fri 7/7-11 10:30AM-12:30PM \$100 [32165](#)

Glenbard North High School Main Gym