



SUMMER SCHEDULE

REALITY ILLINOIS



Reality Illinois, the Teen Advisory Board to the DuPage County Health Department, is seeking high school students to be a part of a volunteer initiative committed to wellness, positive teen development and substance abuse prevention. Here are the tools to empower teens to advocate and navigate complex situations to thrive lifelong.



17

June

PhilanthroParty Kick-Off

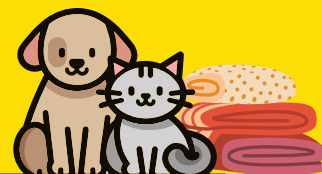
1 PM - 3 PM @ College of DuPage

24

June

Blanket Making for Shelter Animals

1 PM - 2 PM @ Glenbard District Office



8

July

Yoga in the Park

1 PM - 2 PM @ Lake Ellyn Boat House

15

July

Neighborhood Beautification Gardening Project

1 PM - 2 PM @ Glen Ellyn Police Headquarters



22

July

"Improv"ing Group for Strong Relationships

1 PM - 2 PM @ Glenbard District Office



28

July

Make a Wellness Book Bag

1 PM - 2:30 PM @ Glen Ellyn Public Library



5

August

The Skills to Manage Stress and Executive Functioning Deficits

1 PM - 2 PM @ Glenbard District Office

For further information, please contact Student and Community Projects Coordinator Gilda Ross at gilda_ross@glenbard.org or 630-942-7668.