

Jay Stream Athletic Handbook

Jay Stream Middle School Athletics will provide opportunities for students in good academic standing to develop basic fundamentals, demonstrate positive sportsmanship, and promote school and community spirit by modeling positive behavior and the Pillars of Character through competition.

Boys	Season	Girls
Cross Country	Fall	Cross Country Volleyball
Basketball Wrestling	Winter-1	Cheerleading Wrestling
Volleyball	Winter-2	Basketball
Track and Field	Spring	Track and Field

Physicals:

All athletes must have a physical on file with the school nurse prior to participation or tryout date (this includes open gyms and cheerleading). Physicals are valid for one year. If there is no physical on file, it is up to the coaches' discretion if they can have a late tryout.

Fees:

There is a \$20 athletic fee, per sport, that will be collected by the coach on the first official day of practice. This fee can be paid **ONLINE (with RevTrak) or in cash/check, but must be separate from any other monies collected by the coach (team shirts/warm ups, etc.) We are encouraging payments to be made ONLINE. To access this option please follow the steps listed below. Financial scholarships are available due to financial needs. For any further information, please contact the building principal.**

Online Payment with RevTrak

1. Log on to www.ccsd93.com
2. Click on Parents.
3. Click on RevTrak.
4. Click on Middle Schools.
5. Click on Jay Stream Middle School.
6. Click on JSMS Sports 15/16.
7. Click on Sport.
8. Enter Last Name, Student ID #, etc.

Participation Agreement:

There is an agreement form must be signed by athlete and parent, per sport, acknowledging commitment to participate.

Sportsmanship Award

Each team coach will hand out the award to player(s); the coach may also choose to have the team vote for someone.

- Basketball, Volleyball, Wrestling, Cheerleading- 1 /grade level
- Track and Cross Country- 1 boy and 1 girl at each level
- If there were 2 people that showed exemplary sportsmanship, 2 could receive the award. Entire teams could be recognized as well.

Recipients should show the following qualities:

- Character Counts!
- Positive attitudes
- Team player
- Be Ready, Show Respect and Represent Jay Stream with Pride

Winners of the award will be recognized at Community Meetings during Advisory; they will also be invited to the Board of Education meetings to receive a “Board Salute”

Eligibility:

JSMS student-athletes represent the school and should always conduct themselves in a manner that is respectful of teachers, other adults, fellow and rival students, rules, sportsmanship, and themselves. Student-athletes will be expected to stay in good academic standing, follow the PBIS code of conduct and take responsibility for their learning at all times. Eligibility will be monitored by teacher teams and the Administration on a weekly basis. Students who do not meet the eligibility expectation criteria (receive a 2 or 1 on the eligibility rubric) are in danger of no longer participating in their chosen sport.

SPORTS ELIGIBILITY RUBRIC

Eligibility Criteria: student must have a 3, 4, or 5 in every class. Teachers should complete this form for any current athlete that has a 1 or 2 rating in Work Habits and/or Behavior.

R a t i n g	Exceeds		Meets		Does Not Meet
	5	4	3	2	1
W o r k H a b i t s	Student routinely takes ownership and is driving force in his/her own efforts to improve.	Student is beginning to seek alternative opportunities in his/her own efforts to improve.	Student responds to teacher direction regarding how to improve.	Student is inconsistent in taking necessary steps to improve.	Student is not taking necessary steps toward improvement.
B e h a v i o r	Student is routinely a model for peers and takes on positive leadership responsibilities.	Student is often a model for peers.	Student follows code of conduct.	Student is not consistent in following code of conduct.	Student is consistently disruptive to the environment or encourages disruption.

The process is as follows:

Academic Watch:

A student is placed on academic watch when his/her teacher reports that he/she is currently not meeting the eligibility criteria (receives a 2 or 1 on the eligibility rubric). A student may continue to attend practices and may participate in any meetings, games, or competitions while on Academic Watch. A student placed on Academic Watch has **one week** to meet the eligibility criteria, or he/she will be placed on Academic Probation.

Academic Probation:

A student is placed on Academic Probation at any time during the athletic season when he/she does not meet the eligibility criteria for a second time (either in the class in which he/she was originally put on Academic Watch, or if a student is not meeting the eligibility criteria for a different class on the weekly eligibility checks). A student **may not** attend practice or any team activity including games during this period and will be required to attend HIP.

Homework Intervention Program (HIP):

A student-athlete needing help completing homework or getting caught up can drop in before school or after school. HIP can also be required by teachers, coaches or administration due to missing assignments or a Probation status.

Practices/Games/Matches:

- Practice is a necessity in order to achieve success. **Everyone is expected to be at all practices and games/meets/matches.** If a student-athlete cannot make all practices, games/meets or matches the student-athlete should talk to the coach before tryouts.
- Coaches require notes (signed by a parent or a teacher) or a phone call from parent/guardian, for any absences or tardiness to practice, games, meet or match.
- Student-athletes represent JSMS at all times and are expected to display the Pillars of Character, follow the PBIS code of conduct and demonstrate good sportsmanship.
- Detentions are not considered excused absences.
- A tentative season schedule will be provided to athletes by coaches.
- A student must be in attendance at least half the day to participate in the game, meet or match.
- Breaking any school rule(s) that result in suspension from school can result in suspension/dismissal from athletic team.
- Coaches will inform student-athletes of any additional policies (see "Athletic Attendance Policy" attachment).
- A student-athlete cannot quit one sport and play for another sport in the same season.

Uniforms:

Clean uniforms are provided to all athletes. Uniforms are expected to be returned as they were given; clean and in good condition. Athletes will be assessed a replacement fee for uniforms that are damaged or not returned.

Hygiene:

- Eat three nutritious meals, and drink plenty of water.
- During Fall and Spring, bring extra t-shirts and gym shorts. During the Winter bring a coat and sweatpants.
- Wear deodorant and wash uniforms.
- Leave the locker room as clean as possible.

Transportation:

JSMS provides a activity buses for any student in after-school activities. All students using this service should remember the expectations of them while waiting for and riding the bus. The schedule is as follows:

Monday (early release)	No Buses
Tuesday - Friday	4:30 and 5:00

- There is no bus for the late practices (after 5 p.m.). Rides will need to be arranged ahead of time.
- JSMS provides a morning bus for those on bus routes. It arrives to JSMS at 6:45 am daily.
- Practices may be scheduled beyond activity bus hours either before or after school. Rides will need to be arranged ahead of time.
- Coaches may modify the practice schedule, including weekend practices and over holiday/no school breaks.
- Written or verbal permission, from the parent/guardian, must be given to coaches if a student-athlete is allowed to leave with someone other than the parent/guardian.
- Students must be picked up, unless using the bus service or are “walkers,” promptly after practices, games and/or meets.
- Student-athletes must stay with the team when traveling to away games. Students cannot wander the school nor leave the competitive facility without properly notifying the supervisor.

Parents/Guardians:

Parents play a vital role in the success of the JSMS Athletic program. The following ways you can help your student-athlete.

- Please, help your student-athlete complete their homework. It is academic practice and important for their progress. A student will not improve athletically without practice and the same can be said with academics.
- Model the pillars of Character Counts at all JSMS functions.
- Discuss with coach and child any concerns or praise related to your student-athletes experience.
- Help your student-athlete wash their uniforms.
- Promptly pick up student-athlete or arrange ahead of time for a ride.

Responsibilities of Coaches:

- Coaches will hold tryouts for some athletic seasons and will inform students of the process.
- Coaches will communicate with student-athletes and parents about any additional information or changes to the schedule during the season.
- Coaches will supervise students at practice and games/meets.
- All coaches will provide knowledge and mentoring in skills, relative to their sport.
- Coaches will model the Pillars of Character at all JSMS functions.

Warning of Risk:

Students and parents are to be aware that athletic and activity participation has inherent dangers and risks. Even though participation and practice is within the rules of activity and students are following the instructions of the coach or sponsor, students may suffer catastrophic injuries. Their injuries may include, but are not limited to: death, serious head, neck or spinal injuries that may result in complete or partial paralysis or brain damage.

Serious injury to any of the internal organs, bones, ligaments, muscles, tendons, or other aspects of the muscular-skeletal system is possible. The injuries that may occur may affect the student's future ability to participate in athletics and activities, earn a living, or engage in other business and social activities. To attempt to avoid the possibility of injury, students should follow the coaches' or sponsors' instructions regarding techniques, training, and team rules at all times, and participate within the rules of the sport or activity.

Athletic Conference

JSMS is a member of the IPAC (Illinois Prairie Athletic Conference). It is a competitive conference, which includes: Monroe, Hadley, Franklin, Hubble, Leman, Edison and Stratford. JSMS may also have various opportunities to participate in IESA held tournaments or competitions.

School Information	Directions
Edison Middle School 1125 S Wheaton Ave. Wheaton IL 60187 (630) 682-2050	Gary Ave (South) Turn left onto W Harrison Ave. Take the 2nd right onto N West St. N West St. becomes Warrenville Rd. Turn left onto W Elm St. Take 1st right onto S Wheaton Ave. Take 1st left to stay on S Wheaton Ave. 1125 S Wheaton Ave is on the left.
Franklin Middle School 211 E. Franklin Wheaton, IL 60187 (630) 682-2060	Gary Ave (South) Turn left onto W Harrison Ave. Turn right onto N Main St. Turn left onto E Franklin Ave.
Hadley Jr. High School 240 Hawthorne Blvd. Glen Ellyn, IL 60137 (630) 790-6450	Gary Ave (South) Turn left onto Geneva Rd. Turn right onto Glencoe St. Turn left onto E Hawthorne Blvd.
Hubble Middle School 35600 Herrick Road Warrenville, IL 60555 (630) 821-7900	Gary Ave (South) Turn right onto Geneva Rd. Turn left onto Winfield Rd. Turn left onto IL-56 E/Butterfield Rd. Turn right onto Herrick Rd. Turn right onto Huskie Hwy Ave. Turn right, destination will be on the left
Leman Middle School 238 E. Hazel West Chicago, IL 60185 (630) 293-6060	Gary Ave (South) Turn right onto Geneva Rd. Continue onto E Washington St. Turn left onto IL59 S/N Neltner Blvd. Turn right onto E. Brown St. Turn left onto Bishop St. Turn right onto E Hazel St
Monroe Middle School 1855 Manchester Road Wheaton, IL 60187 (630) 382-2285	Gary Ave (South) Gary Ave turns slightly right and becomes Ellis Ave. Turn right onto W Wesley St. Continue onto Bridge St. Turn right onto Manchester Rd.
Stratford Middle School 251 Butterfield Drive Bloomington, IL 60108 (630) 980-9898	Gary Ave (North) Turn right on Army Trail Rd. Turn left on Butterfield Dr.

Jay Stream Jayhawks

Jay Stream Middle School
Excellence in Academics Excellence in Athletics

Participation Agreement

As an athlete at Jay Stream Middle School, I understand that being an athlete requires more than just joining or making the team. Athletics require many demands, which may call for some sacrifices and responsibility.

Because I understand this, I, _____ promise to:

- Give my best effort in my classes, while practicing, and during competition, using 100% of my abilities at all times.
- Follow the Pillars of Character throughout the day and remember the expectations of a student-athlete, while at school functions, home or away.
- Honor the school handbook.
- Listen to, respect, and follow a coach's directives.
- Put the team's success ahead of my own personal recognition.
- Attend all practices, games/matches/meets.
- Represent JSMS and myself in good sportsmanship.
- Maintain all team equipment that is issued to me.
- Stay on the team, with the understanding that, if I quit, I will not be allowed to join another sport during the same season.
- I will have a ride (whether pre-arranged, by bus, or walking) ready at the end of practices or competitions.
- I will comply with the eligibility guidelines in the athletic handbook.
- I understand detentions or HIP are not considered excused absences and playing time may suffer.

I have read the Participation Agreement with my parent/guardian and agree to abide by the ideals set forth in the Agreement. I also understand that failure to do so is grounds for disciplinary action or removal from the team.

Signature of student-athlete

Signature of parent/guardian

Middle School Extra-Curricular Fee Collection Sheet

Student: _____

Academic Team: _____

Activity: _____

Activity Sponsor/Coach: _____

2015/2016 Fee Structure

Band	Interscholastic Sports Middle School Musical Chorus	Clubs
\$25.00	\$20.00	\$5.00

Please circle the activity category that your child will be participating in.

- Your cancelled check will serve as your receipt for this activity.
- Please enclose a separate check for each activity that your child will be participating in.

All checks should be made to CCSD 93.

- Please be advised that this is a non-refundable fee. There will be no refunds for any reasons.
- The payment is due to the activity sponsor/coach on the first session of the activity.
- Financial scholarships are available due to financial need. Please contact your building principal for additional information.

Parent Signature

Date

Office/Activity Sponsor/Coach Use Only

Fee Collected: _____

Check Number: _____

Online Payment: _____

****Activity Sponsor/Coach-Please clip all checks to this form****

Athletic Attendance Policy

Athletes should attend practices, games and competitions daily. When athletes are absent from practices, games or competitions, they miss out on valuable learning experiences with their team. In addition, missed days can pose a safety risk to the athlete and athletic team. It is understood that athletes may be absent and have the need to miss an occasional day; therefore the following policy will be in effect for the 2015-2016 school year.

- ✓ Unexcused absences- Students shall have no more than 3 unexcused absences during the season. This may include, but is not limited to, no-shows, detentions/suspensions, and other non-school activities. Unexcused absences may result in a lack of playing time in future games/competitions. Please understand that a 4th unexcused absence would result in removal from the team.
- ✓ Excused absences- Excused absences include things such as an athlete being absent from school, religious obligations/observances and family emergencies. When possible, students should notify their coaches ahead of time that they will be absent. Excused absences may result in a lack of playing time in future games/competitions.
- ✓ Band- Students who are involved in band will have a schedule worked out between the band director and coaches. This schedule will allow for participation in both school activities.

If the student athlete sits out of physical education class due to injury or illness, the student athlete will not practice or play in the game that day.

Student athletes must be in attendance 5 or more periods of the day in order to participate in a practice or a game. Any exceptions must have the approval of the principal.

Student athletes earning an out of school or in school suspension are not permitted to attend practices or games at any facility, home or away, during the period of the suspension.

Practices held on non-school days/vacations aren't mandatory, although beneficial.