

INSTRUCTION

CURRICULUM - COMPREHENSIVE HEALTH EDUCATION PROGRAM

The District shall provide a comprehensive health education program which shall include the following:

1. The health program for all grades shall include human ecology and health, human growth and development, the emotional, psychological, physiological, hygienic and social responsibilities of family life, including sexual abstinence until marriage, and prevention and control of disease.
2. The health program in grades 6 through 8 shall include the prevention, transmission and spread of AIDS, public and environmental health, consumer health, safety education and disaster survival, mental health and illness, personal health habits, alcohol, drug use and abuse including the medical and legal ramifications of alcohol, drug, and tobacco use, abuse during pregnancy, sexual abstinence until marriage, nutrition and dental health. However, no student shall be required to take or participate in any class or course on AIDS or family life instruction if his or her parent or guardian submits written objection thereto, and refusal to take or participate in the course or program shall not be reason for suspension or expulsion of the student.
3. The following areas shall also be included as a basis for curricula: basic first aid (including cardiopulmonary resuscitation and the Heimlich maneuver), early prevention and detection of cancer, heart disease, diabetes, stroke, and the prevention of child abuse, neglect, and suicide.
4. Alcohol, tobacco, and drug use and abuse programs shall include classroom instruction in grades 5 through 8. The instruction, which shall include matters relating to both the physical and legal effects and ramifications of drug and substance abuse, shall be integrated into existing curricula.

The District shall also provide the following additional health and safety related instruction, as appropriate:

1. The health program in grades kindergarten through 8 shall include instruction regarding effective methods by which students may recognize the danger of and avoid abduction and sexual abuse as part of the District's regular curriculum. However, no student shall be required to take or participate in any class or course providing instruction in recognizing and avoiding sexual abuse if his or her parent or guardian submits written objection thereto. If such a written objection is submitted, refusal to take or participate in the class or course shall not be reason for failing, suspending or expelling the student. If the District offers a class or course providing instruction in recognizing and avoiding sexual abuse, the District will give at least 5 days' prior written notice to parents/guardians.
2. Students shall be provided parenting education in grades 6 through 8 in accordance with Section 27-23.1 of the School Code.

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3. Students shall be provided safety instruction in all grades in accordance with Section 27-17 of the School Code.
4. Students in grades 6 through 8 shall receive instruction for reducing self-destructive behavior, including methods for increasing life-coping skills, self-esteem, and parenting skills of adolescents and teenagers as a deterrent to their acceptance or practice of self-destructive actions.
5. All students shall receive age-appropriate instruction on motor vehicle safety and litter control.
6. All students who are transported by bus to or from school or any school activity shall receive instruction on bus riding safety.

As part of the District's comprehensive health education program, the Board of Education encourages:

1. Increased use of mass-communication media to alert adults and children to the alarming increase in social problems and health hazards; and
2. Cooperation in the development of meaningful materials and resources for use in the schools to help students understand the nature of these social problems and health hazards, and to contribute to the development of those attitudes and values by which students may be constructive agents in the solution of social problems and may be personally able to make responsible choices concerning such health hazards.

LEGAL REF.: Illinois Critical Health Problems and Comprehensive Health Education Act (105 ILCS 110/1, *et seq.*);
Illinois School Code, Sec. 27-13.2, 27-23.1, 27-17, 27-23.2, 27-23, 27-26
(105 ILCS 5/27-13.2, 5/27-23.1, 5/27-17, 5/27-23.2, 5/27-23, 5/27-26);
23 Ill. Admin. Code §1.420(t).

CROSS REF.: 620

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