Jay Stream Athletic Handbook

Purpose

Jay Stream Middle School Athletics will provide opportunities for students in good academic standing to develop basic fundamentals, demonstrate positive sportsmanship, and promote school and community spirit by modeling positive behavior and the Pillars of Character through competition.

I. Responsibility of Players

Physicals:

All athletes must have a physical on file with the school nurse prior to participation or tryout date (this includes open gyms and cheerleading). Physicals are valid for one year.

If there is no physical on file, it is up to the coaches' discretion if they can have a late tryout.

Fees:

There is a \$20 athletic fee, per sport, that will be collected by the coach on the first official day of practice. This fee can be paid in cash or check, but must be separate from any other monies collected by the coach (team shirts/warm ups, etc.) Financial scholarships are available due to financial needs.

For any further information, please contact the building principal.

Participation Agreement:

An agreement form must be signed by athlete and parent, per sport, acknowledging commitment to participate.

Sportsmanship Award

Each team coach will hand out the award to player(s); the coach may also choose to have the team vote for someone

- Basketball, Volleyball, Wrestling, Cheerleading- 1 /grade level
- Track and Cross Country- 1 boy and 1 girl at each level
- If there were 2 people that showed exemplary sportsmanship, 2 could receive the award.
- Entire teams could be recognized as well.

Award would be at the discretion of the coach(es). Recipients should show the following qualities:

- Character Counts!
- Positive attitudes
- Team player
- Be **Ready**, Show **Respect** and represent Jay Stream with **Pride**

Winners of the award will be recognized at Community Meetings during Advisory; they are also invited to the Board of Education meetings to receive a "Board Salute".

Eligibility:

JSMS student-athletes represent the school and should always conduct themselves in a manner that is respectful of teachers, other adults, fellow and rival students, rules, sportsmanship, and themselves. Student-athletes will be expected to stay in good academic standing, follow the PBIS code of conduct and take responsibility for their learning at all times. **Eligibility will be monitored by teacher teams and the Administration on a weekly basis**. Students who do not meet the eligibility expectation criteria (receive a 2 or 1 on the eligibility rubric) are in danger of no longer participating in their chosen sport.

SPORTS ELIGIBILITY RUBRIC

Eligibility Criteria: Student must have a 3, 4, or 5 in every class. Teachers complete this form for any current athlete that has a 1 or 2 rating in Work Habits and/or Behavior.

Rating	Exceeds		Meets		Does Not Meet
	5	4	3	2	1
Work Habits	Student routinely takes ownership and is driving force in his/her own efforts to improve.	Student is beginning to seek alternative opportunities in his/her own efforts to improve.	Student responds to teacher direction regarding how to improve.	Student is inconsistent in taking necessary steps to improve.	Student is not taking necessary steps toward improvement.
Behavior	Student is routinely a model for peers and takes on positive leadership responsibilities.	Student is often a model for peers.	Student follows code of conduct.	Student is not consistent in following code of conduct.	Student is consistently disruptive to the environment or encourages disruption.

The process is as follows:

Academic Watch:

A student is placed on academic watch when his/her teacher reports that he/she is currently not meeting the eligibility criteria (receives a 2 or 1 on the eligibility rubric). A student may continue to attend practices and may participate in any meetings, games, or competitions while on Academic Watch. A student placed on Academic Watch has one week to meet the eligibility criteria, or he/she will be placed on Academic Probation.

Academic Probation:

A student is placed on Academic Probation at any time during the athletic season when he/she does not meet the eligibility criteria for a second time (either in the class in which he/she was originally put on Academic Watch, or if a student is not meeting the eligibility criteria for a different class on the weekly eligibility checks). A student may not attend practice or any team activity including games during this period and will be required to attend HIP (am or pm). Homework Intervention Program (HIP):

A student-athlete needing help completing homework or getting caught up can drop in before school or after school. This can also be required by the student-athletes teachers, coaches or administration due to missing assignments or a Probation status.

Practices/Games/Matches:

- Practice is a necessity in order to achieve success. All eligible student-athletes are expected to be at all practices and games/meets/matches. If a student-athlete cannot make all practices, games/meets or matches the student-athlete should talk to the coach before tryouts.
- Coaches require notes (signed by a parent or a teacher) or a phone call from parent/guardian, for any absences or tardiness to practice, games, meet or match.
- Student-athletes represent JSMS at all times and are expected to display the Pillars of Character, follow the PBIS code of conduct and demonstrate good sportsmanship.
- Detentions are not considered excused absences.
- A tentative season schedule will be provided to athletes by coaches.
- A student must be in attendance at least half the day to participate in the game, meet or match.
- Breaking any school rule(s) that result in suspension from school can result in suspension/dismissal from athletic team.
- Coaches will inform student-athletes of any additional policies (see "Athletic Attendance Policy" attachment).
- A student-athlete cannot quit one sport and play for another sport in the same season.

Uniforms:

Clean uniforms are provided to all athletes. Athlete uniforms are expected to be returned as they were given - clean and in good condition. Athletes will be assessed a replacement fee for uniforms that are damaged or not returned.

Hygiene:

- Eat three nutritious meals, and drink plenty of water.
- During Fall and Spring, bring extra t-shirts and gym shorts. During the Winter bring a coat and sweatpants.
- Wear deodorant and wash uniforms.
- Leave the locker room as clean as possible.

Transportation:

JSMS provides activity buses for any athlete, that normally takes a bus, in afterschool activities. All students using this service should remember the expectations while waiting for and riding the bus. The schedule is as follows:

Monday (early release)No BusesTuesday - Friday4:30 and 5:00

• There is no bus for the late practices (after 5 p.m.). Rides will need to be arranged ahead of time.

- JSMS provides a morning bus for those on bus routes. It arrives to JSMS at 6:45 am daily.
- Practices may be scheduled beyond activity bus hours either before or after school. Rides will need to be arranged ahead of time.
- Coaches may modify the practice schedule, including weekend practices and over holiday/no school breaks.
- Written or verbal permission, from the parent/guardian, must be given to coaches if a student-athlete is allowed to leave with someone other than the parent/guardian.
- Students must be picked up, unless using the bus service or are "walkers," promptly after practices, games and/or meets.
- Student-athletes must stay with the team when traveling to away games. Students cannot wander the school nor leave the competitive facility without properly notifying the supervisor.

II. Responsibilities of Parents/Guardians:

Parents play a vital role in the success of the JSMS Athletic program. The following can help your student-athlete has a successful season.

- Please, help your student-athlete complete their homework. It is academic practice and important for their progress. A student will not improve athletically without practice and the same can be said with academics.
- Model the pillars of Character Counts at all JSMS functions.
- Discuss with coach and child any concerns or praise related to your studentathletes experience.
- Help your student-athlete wash their uniforms.
- Promptly pick up student-athlete or arrange ahead of time for a ride.

III. Responsibilities of Coaches:

- Coaches will hold tryouts for some athletic seasons and will inform students of the process.
- Coaches will communicate with student-athletes and parents about any additional information or changes to the schedule during the season.
- Coaches will supervise students at practice and games/meets.
- All coaches will provide knowledge and mentoring in skills, relative to their sport.
- Coaches will model the Pillars of Character at all JSMS functions.

Warning of Risk:

Students and parents are to be aware that athletic and activity participation has inherent dangers and risks. Even though participation and practice is within the rules of activity and students are following the instructions of the coach or sponsor, students may suffer catastrophic injuries. Their injuries may include, but are not limited to: death, serious head, neck or spinal injuries that may result in complete or partial paralysis or brain damage. Serious injury to any of the internal organs, bones, ligaments, muscles, tendons, or other aspects of the muscular-skeletal system is possible. The injuries that may occur may affect the student's future ability to participate in athletics and activities, earn a living, or engage in other business and social activities. To attempt to avoid the possibility of injury, students should follow the coaches' or sponsors' instructions regarding techniques, training, and team rules at all times, and participate within the rules of the sport or activity.

<u>sports.</u>		
Season	Sports	
Fall	Cross Country	
	Girls Volleyball	
Winter - I	Boys Basketball	
	Cheerleading	
	Wrestling	
Winter - II	Boys Volleyball	
	Girls Basketball	
Spring	Track and Field	

IV. Athletic Conference

JSMS is a member of the IPAC (Illinois Prairie Athletic Conference). It is a competitive conference, which includes: Monroe, Hadley, Franklin, Hubble, Leman, Edison and Stratford. JSMS may also have various opportunities to participate in IESA held tournaments or competitions.

Edison Middle School - 1125 S. Wheaton Ave. Wheaton, Illinois 60187 632.682.2050 **From the East** - Take Roosevelt Road West to Main Street Wheaton, Turn Left (South). Travel South to Elm St. (Stop sign) turn right. Travel West to Wheaton Ave. Turn Left to school.

From the West - Take Roosevelt Road East to Main Street Wheaton, Turn Right (South). Travel South to Elm St. (Stop sign) turn right. Travel West to Wheaton Ave. Turn Left to school.

From the South - Take Naperville Road North to Elm Street. Turn Left. Travel West to Wheaton Ave. Turn Left to school.

From the North - Take Main Street South to Elm St. (Stop sign after Roosevelt Road) turn right. Travel West to Wheaton Ave. Turn Left to school.

Franklin Middle School - 211 E. Franklin, Wheaton, Illinois 60187 630.682-2060
Entrance for all athletic events are through door 10 on the Lincoln Street side of School.
From the East - Take Roosevelt Road West to Main Street Wheaton, Turn Right (North). Travel 5 blocks North of the Railroad tracks to Lincoln Street. Turn Right 1 block to school.
From the West - Take Roosevelt Road East to Main Street Wheaton, Turn Left (North). Travel 5 blocks North of the Railroad tracks to Lincoln Street. Turn Right 1 block to school.
From the West - Take Roosevelt Road East to Main Street Wheaton, Turn Left (North). Travel 5 blocks North of the Railroad tracks to Lincoln Street. Turn Right 1 block to school.
From the South - Take Naperville Road North to Roosevelt Road, turn Left (West) Take Roosevelt Road West one block to Main Street Wheaton, Turn Right (North). Travel 5 blocks North of the tracks to Lincoln Street. Turn Right 1 blocks North of the tracks to Lincoln Street Wheaton, Turn Left (West) Take Roosevelt Road West one block to School.
From the North - Take Main Street South to Lincoln Street. Turn Left (East) and go one block to school.
From the North - Take Main Street South to Lincoln Street. Turn Left (East) and go one block to school.

Hadley Jr. High School - 240 Hawthorne Blvd. Glen Ellyn, Illinois 60137 630-790-6450 **From the East** – Take St. Charles Road West until it becomes Geneva Road. Stay on Geneva to Glencoe. Turn Left on Glencoe to School.

From the West – Take Geneva Road East to Glencoe Street. Turn Right on Glencoe to School. **From the South** – Take President Street in Wheaton North to Hawthorne Blvd. Turn Right to School **From the North** – Take Bloomingdale Road South to Geneva Rd. Turn Right on Geneva 1 block to Glencoe. Turn Left on Glencoe to School. Or Take Schmale or Gary Ave. South to Geneva Road. Turn Left on Geneva to Glencoe. Turn Right on Glencoe to School.







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Hubble Middle School - 3 S. 600 Herrick Road Warrenville, Illinois 60555 (630) 821-7900 From the East - Take Butterfield Road to Herrick Road and turn South (left) to school. From the West -Take Butterfield Road to Herrick Road and turn South (right) to school. From the South - Take Naperville Road North to Warrenville Road and turn left or take Mill Street to Warrenville Road and turn right. Turn North on to Herrick Rd, turn Left (West) to school.

From the North - Take Herrick Rd south of Butterfield to school.

Leman Middle School - 238 E. Hazel, West Chicago, 60185 630 293-6060 From the East - Roosevelt West to Joliet Rd., turn right, go to Hazel turn right

From the West - Roosevelt East to Joliet Rd., turn left, go to Hazel turn right

From the North – Rt. 59 South to Forest Ave., turn right go 4 blocks to bishop, turn right to Hazel, turn left to school.

From the South - Rt. 59 North to Forest Ave., turn left, go 4 blocks to bishop, turn right to Hazel, turn left to school.

Monroe Middle School 1855 Manchester Road, Wheaton, IL 60187 630.682.2285

From the East – Take Roosevelt Road to County Farm Road. Turn right to Manchester Road. Turn right to

school. Or Take North Ave. to County Farm Road. Turn Left to Manchester Road. Turn left to school.

From the West – Take Roosevelt Road to County Farm Road. Turn left to Manchester Road. Turn right to school. Or Take North Ave. to County Farm Road. Turn right to Manchester Road. Turn left to school.

From the North – Take County Farm Road Manchester Road. Turn Left to School. From the South – Take Winfield Road North to Roosevelt Road. Turn right to County Farm Road. Turn left to Manchester Road. Turn right to school.

Stratford Middle School 251 Butterfield Drive Bloomingdale IL 60108 630.980.9898 From the East – Take North Ave (IL 64) to Gary Ave. Turn Right (North) on Gary to Army Trail Road. Turn Right on Army Trail to Butterfield Drive. Turn Left, school is on the right.

From the West – Take North Ave (IL 64) to Gary Ave. Turn Left (North) on Gary to Army Trail Road. Turn Right on Army Trail to Butterfield Drive. Turn Left, school is on the right.

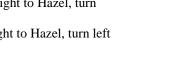
From the North – Take Gary Ave. South to Schick and turn Left or Bloomingdale Road to Schick and turn Left. To Springfield Drive and turn South. Take Springfield to Butterfield Drive and turn Left. School will be on the left.

From the Southwest - - Take Route 59, Country Farm Road or Gary Ave. to Army Trail Road. Turn Right on Army Trail to Butterfield Drive. Turn Left, school is on the right.

From the Southeast - Take Schmale Rd, Bloomindale Road or Glen Ellyn Rd North to Army Trail Road. Turn Left on Army Trail to Butterfield Drive. Turn Right, school is on the right.

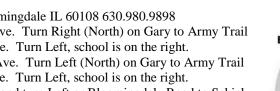


STRATFORD MIDDLE SCHOOL



ELEMAN MIDDLE SCHOOL





Jay Stream Jayhawks

Jay Stream Middle School Excellence in Academics Excellence in Athletics

Participation Agreement

As an athlete at Jay Stream Middle School, I understand that being an athlete requires more than just joining or making the team. Athletics require many demands, which may call for some sacrifices and responsibility.

Because I understand this, I, _____

promise to:

- 1. Give my best effort in my classes, while practicing, and during competition, using 100% of my abilities at all times.
- 2. Follow the Pillars of Character throughout the day and remember the PBIS expectations of a student-athlete, while at school functions, home or away.
- 3. Honor the school handbook.
- 4. Listen to, respect, and follow a coach's directives.
- 5. Put the team's success ahead of my own personal recognition.
- 6. Attend all practices, games/matches/meets.
- 7. Represent JSMS and myself in good sportsmanship.
- 8. Maintain all team equipment that is issued to me.
- 9. Stay on the team, with the understanding that, if I quit, I will not be allowed to join another sport during the same season.
- 10. I will have a ride (whether pre-arranged, by bus, or walking) ready at the end of practices or competitions.
- 11. I will comply with the eligibility guidelines in the athletic handbook.
- 12. I understand detentions or HIP are not considered excused absences and my playing time may suffer.

I have read the Participation Agreement with my parent/guardian and agree to abide by the ideals set forth in the Agreement. I also understand that failure to do so is grounds for disciplinary action or removal from the team.

signature of student-athlete

signature of parent/guardian

Middle School Extra-Curricular Fee Collection Sheet

Student:_____ Academic Team:_____

Activity:_____

Activity Sponsor/Coach:_____

2015/2016 Fee Structure						
	Band	Interscholastic Sports	Clubs			
		Middle School Musical				
		Chorus				
	\$25.00	\$20.00	\$5.00			

Please circle the activity category that your child will be participating in.

- Your cancelled check will serve as your receipt for this activity.
- Please enclose a separate check for each activity that your child will be participating in.

All checks should be made to CCSD 93.

- Please be advised that this is a non-refundable fee. There will be no refunds for any reasons.
- The payment is due to the activity sponsor/coach on the first session of the activity.
- Financial scholarships are available due to financial need. Please contact your building principal for additional information.

Parent Signature

Date

Office/Activity Sponsor/Coach Use Only

Fee Collected: _____

Check Check Number: _____

Activity Sponsor/Coach-Please clip all checks to this form

Athletic Attendance Policy

Athletes should attend practices, games and competitions daily. When athletes are absent from practices, games or competitions, they miss out on valuable learning experiences with their team. In addition, missed days can pose a safety risk to the athlete and athletic team. It is understood that athletes may be absent and have the need to miss an occasional day; therefore the following policy will be in effect for the 2016-2017 school year.

- ✓ <u>Unexcused absences</u>- Students shall have no more than 3 unexcused absences during the season. This may include, but is not limited to, no-shows, detentions/suspensions, and other non-school activities. Unexcused absences may result in a lack of playing time in future games/competitions. Please understand that a 4th unexcused absence may result in removal from the team.
- ✓ Excused absences- Excused absences include things such as an athlete being absent from school, religious obligations/observances and family emergencies. When possible, students should notify their coaches ahead of time that they will be absent. Excused absences may result in a lack of playing time in future games/competitions.
- Band- Students who are involved in band will have a schedule worked out between the band director and coaches. This schedule will allow for participation in both school activities.

If the student athlete sits out of physical education class due to injury or illness, the student athlete will not practice or play in the game that day.

Student athletes must be in attendance 5 or more periods of the day in order to participate in a practice or a game. Any exceptions must have the approval of the principal.

Student athletes earning an out of school or in school suspension are not permitted to attend practices or games at any facility, home or away, during the period of the suspension.

Practices held on non-school days/vacations aren't mandatory, although beneficial.