

## Jay Stream Cross-Country Season Schedule 2016 IPAC - Illinois Prairie Athletic Conference

<u>Date</u>	<u>Opponent(s)</u>	<u>Location</u>
Thursday 9/1	Stratford [Cross Town Classic]	@ Stratford
Thursday 9/8	Hadley	@ Jay Stream
Tuesday 9/13	Hubble	@ Jay Stream
Thursday 9/15	Edison	@ Edison
Tuesday 9/20	Leman	@ Leman
Tuesday 9/27	Edison & Franklin	@ Northside Park
Thursday 9/29	Franklin Invitational	@ Northside Park
Thursday 10/6	Monroe	@ Monroe
Wednesday 10/12	<u>IPAC Conference Meet</u>	@ Monroe

- 1) **Jay Stream** home meets take place on school grounds.
  - 2) All meets, home and away begin at 4:15pm.
  - 3) When the bus returns the team to Jay Stream after **AWAY** meets, all runners are expected to be picked up at Jay Stream within 15 minutes of our return to school.
  - 4) Parents **must** sign out any runner not returning to Jay Stream on the bus.
  - 5) Any runner riding home with someone other than his or her parent(s) **must** have a **signed note** from their parent(s) giving permission to do so.
- \*Any runner** who leaves an away meet and is **not signed out**, by their parent or person designated in the written and signed note, **will miss the next meet**, even if it is the conference meet.
- 6) Coaches create a newsletter containing a calendar, directions and maps as needed for runners and parents. Distribution of the "Cross Country NewsFlash" will normally take place after practice on Friday.
- Any changes in schedule will be noted in the Cross Country NewsFlash to the best of the Coaches' knowledge. Runners absent on the day the Newsflash is issued become responsible for obtaining a copy (to be found in the front office).*

**(These guidelines must be adhered to for the safety of each child.) Thank you.**

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